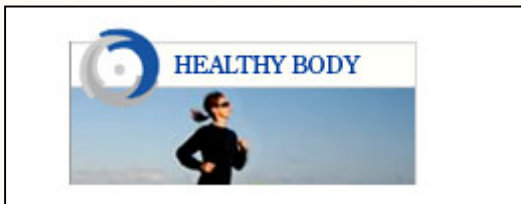


# IT'S TIME...

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Lose up to 2 -5 lbs per week!



If you've tried other diets and they just don't work then it's time for

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Clinically proven programs and personalized support can help make your weight loss and maintenance goals a reality.

### **When:**

Saturday 10 – 11 am

### **Where:**

Dr Saladas Office  
15611 Pomerado Road #510  
Poway, Ca. 92064

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